

Champion Karate Class Schedule

For additional information please visit us at:

www.championkaratefl.com

Or Call us (407) 322-1434

Class Name	Monday	Tuesday	Wednesday	Thursday	Friday
Karate Kids Prep 3 to 4 Years	Session 1: 3:30-4:00	Session 2: 3:30-4:00	Session 1: 3:30-4:00	Session 2: 3:30-4:00	
Karate Kids Foundation 5 to 6 Years	Session 1: 4:00-4:30	Session 2: 4:00-4:30	Session 1: 4:00-4:30	Session 2: 4:00-4:30	
Black Belt Leadership (Level 1) 7 to 12 Years Beginners	Session 1: 4:30-5:30	Session 2: 4:30-5:30	Session 1: 4:30-5:30	Session 2: 4:30-5:30	
Kenpo Kids 7 to 12 Years All Ranks	Session 1: 4:45-5:30	Session 2: 4:45-5:30	Session 1: 4:45-5:30	Session 2: 4:45-5:30	
Black Belt Leadership (Level 2) 7 to 12 Years Intermediate/Advanced	Session 1: 5:30-6:30	Session 2: 5:30-6:30	Session 1: 5:30-6:30	Session 2: 5:30-6:30	
Karate Kids Foundation 5 to 6 Years	Session 3: 6:30-7:00		Session 3: 6:30-7:00		
Black Belt Leadership (Level 3) 9 to 13 Years Junior Black Belts	7:00- 8:00		7:00- 8:00		6:00- 7:00
Black Belt Leadership (Level 1) 7 to 12 Years Beginners		Session 3: 6:30-7:30		Session 3: 6:30-7:30	
Kenpo Kids 7 to 12 Years All Ranks		Session 3: 6:45-7:30		Session 3: 6:45-7:30	
Combat Kenpo Teens/Adults All Ranks		7:30-8:30	8:00-9:00	7:30-8:30	
Combat Kenpo (Level 2) Teens/Adults Intermediate/Advanced		8:30-9:30	8:00-9:00	8:30-9:30	
Submission Grappling Teens/Adults All Ranks	8:00-9:00		9:00-10:00		7:00-8:00
Leadership Elite (3rd Class) -Practical Application -Weapons					4:00-5:00
Leadership Elite (3rd Class) -Practical Application -Weapons					5:00-6:00
Women's Self Defense					